



2025 Iowa Summer Games
July 12, 2025
Ames Figure Skating Club
Ames/ISU Ice Arena – Ames, IA

I. COMPETITION OVERVIEW

The 2025 Iowa Summer Games will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or [current Compete USA handbook](#) as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

SERIES INFORMATION:

Medals presented to the top 3 winners in each event qualify for the upcoming State Games of America.

II. ELIGIBILITY

TEST LEVEL:

As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skill set. Athletes must still meet the minimum requirements for each level and additionally, if participating within the National Qualifying Series (NQS) or National Excel Series (Excel), they will establish a **competitive floor** (i.e., the lowest level they can compete at).

The **competitive floor** is determined only by the level selected through the EMS Series Application for NQS or Excel and is not uniquely tied to competition registration (regardless of series participation).

Example, if an athlete passed their junior free skate test in November and competed in the 2023-24 NQS as a Novice from July - September, they may register for either novice or junior in excel or well-balanced events. The novice level will remain their competitive floor until they complete an EMS Series Application at the junior level or higher for NQS or Excel.

Example #2, if an athlete passed their juvenile free skate but has not competed in NQS or Excel (i.e., they have not established a competitive floor), they have the option to compete pre-preliminary – intermediate (if skate up is permitted). While the options are wide, U.S. Figure Skating entrusts the coach to guide the athlete to the select the appropriate level for the athlete based on their technical skill set.

Eligibility Notes:

1. The singles (free skate) test levels will remain as a minimum requirement to compete.
2. Athletes may not skate down in any event.
3. This update does NOT apply to Adult, Showcase and Solo Dance.

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to information sheet [HERE](#).

ISI PROGRAM MEMBERS

If you are in an ISI program, please use the below conversion chart to determine your appropriate competition level.

If you have passed ISI level -	Enter the USFS level -
Tot or Pre-Alpha (age 7 and older) Alpha	Basic 1
Advanced Pre-Alpha	Basic 2
Advanced Pre-Alpha	Basic 3
Alpha/Gamma	Basic 4
Beta	Basic 5
Gamma	Basic 6
Delta – Freestyle 1	Aspire 1-4
Freestyle 2 or 3 / Open Bronze	Pre-Preliminary
Freestyle 4 / Open Silver	Preliminary
Freestyle 5 / Open Silver	Pre-Juvenile
Freestyle 6 / Open Gold	Juvenile or Intermediate
Freestyle 7 / Open Platinum	Novice
Freestyle 8 / Open Platinum	Junior or Senior
Freestyle 9 / Open Platinum	Senior
Freestyle 10 / Open Platinum	Senior
Freestyle 2 / Open Bronze	Adult Pre-Bronze
Freestyle 3 / Open Bronze	Adult Bronze
Freestyle 4 / Open Silver	Adult Silver
Freestyle 5 / Open Gold	Adult Gold
Dance 3	Preliminary Dance
Dance 4	Pre-Bronze Dance
Dance 5	Bronze Dance

Dance 6	Pre-Silver Dance
Dance 7	Silver Dance
Dance 9	Pre-Gold Dance

Singles: Excel and Well-Balanced Events:

- Skaters must meet at least the minimum singles test requirements for the event’s level. A skater’s singles test level may be higher than the minimum requirement.
 - o Skate Up: skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete’s competitive floor is set by one of the following scenarios:
 - o If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
 - o If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well-Balanced and Specialty events the skater will be permitted to register at one level lower than the “floor” set by their excel series entry.
 - o If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met.
- Skaters are not permitted to enter an Excel free skate and a Well-Balanced free skate event at the same competition (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate). However, they are permitted to enter an Excel and a Well-Balanced event of different types such as a short program (if stand-alone event option), specialty or showcase events (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- For more details about establishing event levels, refer to the information sheet [HERE](#) or email events@usfigureskating.org.

All other singles and partner events (such as Adults, Pairs, Ice Dance):

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

EVENTS OFFERED:

- **U.S. Figure Skating Program Requirements:** usfigureskating.org --> [Skate](#) --> [Compete](#) --> [Program Requirements](#)
- **Compete USA Program Requirements:** learntoskateusa.com/competeusa
- **Skate United:** For any Skate United (S.U.) Athlete, please have them register for their appropriate level under the “standard” option. Once the registration is complete, the following form must be submitted to the competition chair via email at competition@amesfsc.org.
 - o [Click here for the Skate United Athlete Form.](#)
 - o If you have questions about how to support Skate United Athletes at your competition, email events@usfigureskating.org.
- **Skating Accommodation Memorandum (S.A.M.):** Skaters using a S.A.M. must submit their S.A.M. to the competition chair via email at competition@amesfsc.org.
 - o [Click here for more information about S.A.Ms.](#)

- If you have questions about on how to support skaters using S.A.Ms, email events@usfigureskating.org.

On the program requirements page linked above, competitions that fall within the date range beside the program requirements must use those requirements.

SINGLES	JUDGING
Excel Free Skate (Pre-Prelim – Preliminary Plus)	6.0
Well Balanced Free Skate (Pre-Prelim – Pre-Juv)	6.0
Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr)	6.0
Adult Beginner & High Beginner Free Skate	6.0
ATHLETE DEVELOPMENT	JUDGING
Compulsory Moves (Level 1 - 8)	6.0
Jumps Challenge (Level 1 – 9)	6.0
Spins Challenge (Level 1 – 6)	6.0
SHOWCASE	JUDGING
Emotional Performance (Pre-Preliminary – Senior, Adult)	CJS
Choreographic Artistry (Pre-Preliminary - Senior, Adult)	CJS
Lyrical Pop (Pre-Preliminary - Senior, Adult)	CJS
Character Performance (Pre-Preliminary - Senior, Adult)	CJS
Comedic Impressions (Pre-Preliminary - Senior, Adult)	CJS
Theme Event (Motown)	CJS
Duets/Trios (Pre-Preliminary – Senior, Adult)	6.0
Interpretive	6.0
Adaptive Individual Showcase	6.0
Adaptive Unified Partner Showcase	6.0
SOLO DANCE	JUDGING
Solo Pattern Dance (not participating in series)	6.0
Solo Open Pattern Dance	6.0
Solo Free Dance	6.0
Solo Combined Dance	6.0
Shadow Dance	6.0
Adult Solo Pattern Dance	6.0
Adult Solo Free Dance	6.0
COMPETE USA EVENTS	JUDGING
Snowplow Sam-Basic 6 Program w/ Music	6.0
Aspire 1-4 Program w/ Music	6.0
Excel Free Skate (Pre-Preliminary – Preliminary Plus)	6.0
Pre-Preliminary – Preliminary Free Skate	6.0

Adult 1-6 Program w/ Music	6.0
Adult Free Skate (Beg. – Bronze)	6.0
Snowplow Sam – Basic 6 Elements	6.0
Adult 1-6, Beginner – Bronze Compulsory Moves	6.0
Compete USA – Hockey 1-4 Elements & Skills Challenge	6.0
Compete USA – Showcase	6.0
Compete USA – Solo Dance	6.0
ADAPTIVE	JUDGING
Special Olympics Badges 2 – 12	6.0
Special Olympics – Free Skate Program, Pairs & Dance	6.0
Skate United <i>*see statement above</i>	6.0
Adaptive/Unified	6.0

OUR COMMUNITY:

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

NON-DISCRIMINATION:

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating’s SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating’s Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit www.USFigureSkating.org/SkateSafe or email SkateSafe@USFigureSkating.org.

ATHLETE ASSISTANCE/ACCOMMODATIONS:

Should a skater with disabilities require any specific accommodations or assistance for their competitive event, please submit your approved S.A.M to the Competition Chair by the registration deadline at competition@amesfsc.org.

COMPLIANCE:

For full details about participant compliance requirements, refer to the U.S. Figure Skating SkateSafe® webpage: <https://www.usfigureskating.org/skatesafe#compliance>.

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into two categories, Coach Compliance (includes choreographers) and Learn to Skate USA® Instructor Compliance. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

MANDATORY ATHLETES

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. * Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be compliant until they have completed the training and their Members Only portal reflects completion. Please email skatesafe@usfigureskating.org for instructions or questions regarding parental consent.

III. REGISTRATION INFORMATION

Entries will be accepted via Entryeze.

NO On-site Registrations will be accepted!

Spectator Admissions will be taken at the event.

5 & Over: \$5.00

4 & Under: Free

ENTRIES:

EARLY Registration Deadline - (May 25, 2025)

\$90 Entry Fee for first event and \$35 for each additional event

Register by **May 25, 2025**

FINAL Registration Deadline - (June 9, 2025)

\$110 Entry Fee for first event and \$35 for each additional event

Register by **June 9, 2025**

***The host club reserves the right to close registration at any time if event capacity is met**

MUSIC SUBMISSION/UPLOAD:

Competitors participating in events with music are required to upload their music no later than **10pm on June 21, 2025** via Entryeze. After this date, skaters will be locked out of this feature and subject to a **\$10 late fee**. The late fee will automatically be added to each skater's cart who does not meet this

requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to the skater taking the ice.

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rink side whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

REFUND POLICY

Entry fees will not be refunded after June 16, 2025, unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice and/or events.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA®, Ames Figure Skating Club and Ames/ISU Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Ames/ISU Ice Arena

1507 Gateway Hills Park Drive,

Ames, Iowa 50010

Rink Size 200x85

A snack bar is available during the competition. Separate male and female locker rooms will be available.

LOCKER ROOMS AND CHANGING AREAS:

LOCKER ROOMS AND CHANGING AREAS (GENERAL LOCKER ROOMS):

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only and will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy in the [SkateSafe® Handbook](#).

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

OFFICIAL WEBSITE & UPDATES:

It is the responsibility of each competitor, parent and coach to check frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to their event time. We

reserve the right to run up to 45 minutes early of the scheduled time. A tentative schedule of events will be posted prior to the competition.

Results will be utilized with online live results. A QR code will be posted at the rink during the competition.

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

ONE PRACTICE SESSION is included with your registration. Practice ice will be assigned by skating level. The competition schedule will be posted by July 5, 2025 and the practice ice schedule will be posted by July 9, 2025. Extra practice ice available can be purchased for \$10 after the ice schedule has been posted and before the day of the competition (skaters can only purchase extra ice and practice on ice with skaters of the same level).

- Unofficial Practice Ice (UPI)
 - o Length of session: 20 minutes
 - o No music will be played during practice ice
 - o Sessions will be assigned and will be restricted by level and number of skaters

ONSITE CHECK-IN:

Check-in will open on July 13, 2024, one hour prior to the competition.

If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact skatesafe@usfigureskating.org at least 2 business days prior to the competition for assistance.

AWARDS:

Medals will be given to the first 3 places of each event.

PHOTO/VIDEO:

Per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.

Live and on-demand streaming, and sales and distribution of U.S. Figure Skating sanctioned and approved events, programs, and activities that include the playback of music is strictly prohibited. This prohibition does not apply to the distribution of footage that does not include music. Questions about this can be directed to music@usfigureskating.org.

ADDITIONAL INFORMATION:

***All athletes will receive a colored T-shirt with their registration.

- T-shirts will be available at the ice arena the day of the competition.

***The Ames Figure Skating Club will be hosting a test session on July 11, 2025. For more information and a link to register you can go to their website at www.amesfsc.org.

***For further questions not answered in this announcement, please, refer to the Iowa Games website at <https://www.iowagames.org/event/summer-iowa-games/figure-skating/>.

***For schedules go to either the www.amesfsc.org or <https://www.iowagames.org/event/summer-iowa-games/figure-skating/>.

CONTACT INFORMATION:

For questions, please contact the following individuals:

AFSC Competition Chair:	Landna McGill	competition@amesfsc.org
Iowa Games Commissioner:	Cole Bollweg	cole.bollweg@iowagames.org
Additional Contact:	Kelly Arnold	Karnold577@gmail.com